

# Leadership Styles And Conflict Management

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## ABSTRACT

*The leadership style that a leader chooses to use has a substantial influence on the way in which they make decisions, communicate expectations to followers, motivate followers, and develop a working environment. In other words, the manner in which an individual leads other is an indication of the leadership style they use. It is a reflection of the views, interests, and attitudes of the leader on how an individual may effectively influence and lead other individuals. Leadership may take on many different forms, and each of these styles has the ability to have an impact on the dynamics, productivity, and culture of an organization or group in a number of different ways. Conflict may seem like a problem when it happens, but it really presents an opportunity for growth and a great way for groups or individuals to open up to one another. Nevertheless, conflict management must be used when disagreement impacts production and sparks other disagreements. When discussing conflict management, the goal of minimizing or eliminating conflict in whatever form is considered. "The goal of conflict management is to improve learning within an organization by minimizing the negative outcomes of conflict and promoting the positive outcomes of conflict," Rahim (2002) points out. Organizations and individuals may profit from conflict at different levels and types that are acceptable to them; this is the purpose of conflict management. Conflict management may not always include resolving disputes.*

**Keywords:** leadership , styles , conflict , management

## INTRODUCTION

### Efficacy Of Leadership

When used in the context of leadership, the term "leadership effectiveness" refers to the ability of those in leadership positions to exert influence and bring their followers together. It is of utmost importance to illustrate that you possess the capacity to strive toward the goals that have been established by a company and accomplished by your fellow employees. Furthermore, a competent leader is able to assess a person and then assign them to challenging tasks in a manner that contributes to the accomplishment of the company's objectives. Multiple studies have shown that being able to successfully solve issues is a crucial component of being an effective leader. As a result, it would seem that individuals who possess excellent interpersonal skills that allow them to form close connections with a wide number of people are the most successful leaders. A leader's effectiveness may be evaluated by a wide variety of approaches, each of which has a varying amount of difficulty. There are two fundamental types of leadership measurements: (1) the performance of a group and (2) the perceptions of an individual. The viewpoint of every individual may be divided into two categories: (1) perceived effectiveness as a leader and (2) emergence of leaders, which includes individuals who are seen to be future leaders and who are provided with support on a regular basis, such as colleagues.

The performance of a group can be divided into two categories: (1) the process that is followed by members of the group (achieving results with regard to the level of motivation for a team member, the dynamics of the team, and the behavior levels), and (2) the accomplishments that are accomplished by members of the group in terms of financial outcomes and productivity. The beliefs that leaders have stated about themselves are in stark contrast to the viewpoints that subordinates have on leadership conduct, as the effectiveness of the latter displays a higher degree of congruence. Furthermore, it was brought out that the assessments of those who report to a supervisor may perhaps provide a more true picture of the extent to which a supervisor's activities are suitable. The level of intelligence shown by leaders has been connected to the achievement of leadership; this connection is also tied with the leader's own knowledge of their own abilities and may be predicted by the leader themselves, especially in settings in which subordinates are vulnerable to experiencing confusion about their roles. Furthermore, the number of exchange contacts that take place between supervisors and their respective subordinates is affected, and this impact is positively correlated with organizational cultures that promote the well-being of employees. The ways in which leadership is exercised are correlated with the ways in which success in leadership is seen; these modes of leadership include, but are not limited to, transformational leadership, transactional leadership, responsible leadership, and inspiring leadership.

The efficacy of the manager's leadership is contingent upon the leadership style that he decides to adopt; there is a chance that he will be successful or unsuccessful. He may be focused on the employees—in other words, concerned with the interpersonal dynamics of the workplace—or he could be focused on production, which means that he is concerned with accomplishing certain tasks. Either of these orientations may occur in practice. To phrase it in another way, the approach may be indicative of the leaders' concern for the people or for the results. It is feasible, however, that the manager-leader may combine his concern for people with his concern for productivity, with varied degrees of emphasis placed on each of these concerns.

Grid That Is Applied in Management We are making reference to a diagrammatic representation of the many feasible combinations of concern for people and concern for production that may be conveyed in the form of leadership when we use the term "management grid."

### **Leadership Styles**

It is common for leaders to demonstrate a certain style of leadership by motivating and inspiring those who follow them. As a result, the word "leadership style" refers to the approach that a leader takes while deciding how to manage and interact with the others that are following them. It is a reflection of the actions, dispositions, and behaviors that are shown by the leader in the process of influencing and directing others. The leadership style that a leader chooses to use has a substantial influence on the way in which they make decisions, communicate expectations to followers, motivate followers, and develop a working environment.

In other words, the manner in which an individual leads other is an indication of the leadership style they use. It is a reflection of the views, interests, and attitudes of the leader on how an individual may effectively influence and lead other individuals. Leadership may take on many different forms, and each of these styles has the ability to have an impact on the dynamics, productivity, and culture of an organization or group in a number of different ways.

The term "leadership style" refers to the way in which a pioneer comports themselves in social circumstances with the purpose of guiding, inspiring, and exercising influence over their subordinates. The leadership style that pioneers

utilize is characterized by the technique in which they carry out plans and strategies in order to reach particular goals, while also taking into account the assumptions of their partners as well as the safety and prosperity of their team.

In order to determine the most successful or logical strategy to inspiring and influencing people to attain their objectives, leadership styles have been researched in a number of circumstances. The extent to which a given leadership style instills confidence in followers is one of the most significant characteristics of effective leadership. Devotees who have trust in their leader are more likely to surpass the criteria that have been established for them, according to the results of study. In light of this, they will be able to accomplish their objectives and will be given the opportunity to share their perspectives on how to move the current projects ahead.

### **Effective and Ineffective Styles**

The degree to which a certain scenario is successful is dependent on the specific demands of the environment being examined. An successful leader is one who is able to adapt their leadership style to the particular situation that they find themselves in. Conversely, when it is shown that the style is not appropriate for the conditions that are being addressed, it is seen as being ineffective.

The essential styles of leadership are further divided into eight separate styles, which are categorized based on the level of effectiveness they possess, that is to say, styles that are more effective and styles that are less successful. Greater efficacy may be achieved using the styles that are outlined below.

- **Executive:** When a manager employs this approach, they place the utmost attention on both the task and the people they are managing. The ability to encourage people and make optimal use of the team is a characteristic of such a manager. In addition to being able to effectively achieve the objectives, he is able to establish high standards of performance.
- **Developer:** The manager who adopts this approach places the utmost attention on the employees inside the organization and shows the least amount of care for the task itself. The growth of each individual subordinate receives the utmost attention from him, and he has faith in their capabilities.
- **Benevolent Autocrat:** The manager who exhibits a manner and approach that are comparable to that of a benevolent dictator is preoccupied with the job at hand but shows no care for the well-being of the people who work beneath them. On the other hand, he is able to achieve the goals that have been set without stirring up any resentment among the subordinates.
- **Bureaucrat:** By using rules and processes as a means of exerting control over the working environment, a manager who utilizes a bureaucratic style is able to achieve their goals. It is very apparent that he does not care about people in general, and he does not care about his work either.
- The styles that are seen to be ineffective (or failed) are those that are not appropriate for the situation, and the following are some instances of these styles:
- **Compromiser:** An ineffective decision-maker is a manager who is worried about both people and work in a situation that requires concentration on one of these aspects, since both aspects are subjected to stress. He is thus an ineffective manager and leader.
- **Missionary:** The missionary manager is an individual who considers the establishment of ideal connections between people to be of utmost importance and who is not too concerned with work, despite the fact that the situation demands

for a greater degree of dedication to one's professional responsibilities. He does not have the ability to get the results that he wants.

- **Autocrat:** When compared to the circumstance, which demands relation-oriented management, an autocratic manager is solely concerned with the job and the outcomes of the work carried out. A boss like this does not have faith in his subordinates and relies on management that is overbearing despite their authority. As a result, his leadership is unsuccessful in the long term.

**Factors Influencing Leadership Effectiveness**

With an overarching perspective on the subject of whether or not leaders are successful, a number of authors have highlighted a number of characteristics that impact the leader and the efficacy of the leading individual. Among these elements are:

- The individual's personality, previous experiences, and expectations of the leader.
- His bosses' expectations and the manner in which they behaving
- The qualities, expectations, and behaviors of the subordinates.
- The specifications of the duties that are expected to be carried out by subordinates.
- The expectations of fellow managers (also known as peers) and their behavior.
- Organizational policies and the culture (climate) of organization.

**OBJECTIVES OF THE STUDY**

1. To study on Leadership Styles
2. To study on Conflict Management

**Common Leadership Styles**



**Figure 1.2 : Leadership Styles**

**1. Democratic leadership**

The democratic leadership style, which is also known by the name of the participatory leadership style, is distinguished by the tendency of leaders to actively seek out the opinions of the members of their team prior to making decisions. This kind of leadership fosters a work environment in which collaboration, engagement, and job happiness are all enhanced. This style of leadership fosters a work environment in which open communication, transparency, and the

use of a diverse range of competencies within a group are all encouraged. The greatest drawback is that it may be an inefficient and time-consuming process, especially in situations that need rapid decisions, despite the fact that it improves the cohesion of the team and has the ability to provide innovative ideas.

#### Key Characteristics

- **Shared Decision-Making:** As part of the decision-making process, individuals of the team are strongly encouraged to participate.
- **Team-Oriented:** Leaders are highly collaborative individuals who place a great emphasis on feedback from all members of the team.
- **Open Communication:** In addition to the open and honest dissemination of information, all members are actively encouraged to express their thoughts and views.
- **Flexibility & Adaptability:** The majority of the time, democratic leaders are adaptive and flexible in response to a variety of circumstances and ideas.

#### 2. Autocratic leadership

Authoritarian leadership, often referred to as autocratic leadership, is a leadership style in which the leader maintains entire control over the decision-making process and seldom or never solicits the opinions of subordinates. This top-down approach, which consists of rigorous supervision and unambiguous instructions, is anticipated to produce unwavering compliance. In spite of the fact that it is most effective in situations that are under duress, as those that pertain to the military or crises, when rapid and decisive action is absolutely necessary, it has the capacity to cause a decline in morale and to stifle innovation in other environments.

#### Key Characteristics

- **Centralized Decision-Making:** Each and every choice is made unilaterally by the leader.
- **Strict Control:** The methods, rules, and processes are unquestionably imposed by the boss without any input.
- **Limited Input:** A negligible amount of input or guidance is solicited from members of the team.
- **Clear Authority:** There is a firm hierarchy in place, with a distinct divide between the leader and the others in the organization.
- **Directives & Compliance:** It is anticipated of followers that they would comply with the commands and directions given by the leader.

#### 3. Laissez-faire leadership

Laissez-faire leadership is a "hands-off" technique in which leaders offer less oversight to team members, consequently providing them tremendous autonomy to make decisions and independently handle their job. On the other hand, this technique requires teams who are not just well trained but also highly motivated in order to be effective. This approach, which takes its name from the French term that translates to "let do," instills trust in the capabilities of workers and fosters creativity. In the event that this strategy is not supported by competent self-management, it may result in a lack of direction, accountability, and poor performance.

#### Key Characteristics

- **Hands-off Approach:** There is little to no guidance or monitoring provided by leaders, since they have faith that staff would manage duties on their own.

- **Delegation of Decision-Making:** Members of the team are given the authority and duty to carry out their duties.
- **Trust and Autonomy:** The philosophy is based on the assumption that workers are competent and self-motivated within their own right.
- **Focus on Resources:** Although they give the essential resources, tools, and initial guidance, leaders refrain from micromanaging their teams.

#### 4. Transformational leadership

The sort of leadership known as transformational leadership is defined by the leader's capacity to inspire and empower followers to attain greater achievements and personal development. This is achieved by presenting a compelling vision, promoting innovation, and developing a culture that is supportive to growth and change. Specifically, this technique is differentiated by four fundamental components: Idealized Influence, which involves serving as a role model; Inspirational Motivation, which involves conveying a compelling vision; Intellectual Stimulation, which involves promoting innovation and new ideas; and Individualized Consideration, which involves mentoring and providing assistance to each follower.

##### Key Characteristics and Behaviors

- **Vision and Purpose:** A transformational leader is someone who is able to develop a vision that is crystal clear, motivating, and offers purpose and direction, therefore empowering followers to seek objectives that are shared.
- **Intellectual Stimulation:** In addition to fostering a climate that values and rewards innovation and creativity, they support new ways of thinking, question assumptions, and encourage new ways of thinking themselves.
- **Individualized Consideration:** In order to assist their team members in reaching their maximum potential, leaders place a strong emphasis on the personal development of their team members by offering mentoring, support, and individualized advice.
- **Idealized Influence:** Transformational leaders are able to win their followers' confidence, display high ethical standards, and develop strong, devoted connections with their followers by behaving as a good role model.
- **Inspirational Motivation:** They communicate the organization's mission with fervor, generating excitement and inspiring followers to go beyond what they believe they are capable of doing for the benefit of the team as a whole.
- **Empowerment and Trust:** One way that these leaders build a feeling of ownership and encourage innovation is by delegating key duties to their team members, trusting them with responsibility, and providing them with autonomy for their work.

#### 5. Transactional leadership

The transactional leadership style keeps everyone motivated and in line by using a system of rewards and penalties. Achieving this is made possible by instituting punishments for underperformance and exchanging awards for performance. Situations with short-term goals, crises, and structured workplaces (like sports teams or industrial facilities) are good fits for this approach since it includes clearly defined roles, tasks, and expectations. The main focus is on maintaining efficiency and the current situation rather than promoting innovation or long-term organizational transformation. This stands in stark contrast to its stated goal of encouraging creative thinking.

##### Key Components

- **Rewards and Punishments:** When employees fulfill performance requirements, they are rewarded with positive reinforcement in the form of bonuses or accolades, and when they fail to reach these criteria, they are subject to negative repercussions.
- **Clear Expectations:** In order to ensure that staff are aware of what is expected of them, leaders set the particular roles, duties, and performance objectives that they are responsible for.
- **Supervision and Monitoring:** In transactional leadership, personnel are actively monitored, and leaders take action to remedy any deviations from the responsibilities and standards that have been agreed upon.
- **Exchange of Services:** The fundamental idea is a "give and take" system, in which workers do their duties and provide their expertise in return for incentives.

## 6. Bureaucratic leadership

Bureaucratic leadership is characterized by a rigid formal hierarchy, strict adherence to regulations, and an obvious separation of responsibilities. Particularly in highly regulated sectors like healthcare and government, decisions are made via established procedures and a clear line of command to maintain consistency and stability. An important feature is the focus on focused performance inside a structured environment. Another crucial quality that separates business from personal relationships is impersonality.

### Key Characteristics

- **Formal Hierarchy:** A well-defined chain of command in which each level of the hierarchy is assigned certain tasks and is accountable to the level that is higher than it.
- **Rules and Regulations:** The decisions and activities that are taken are directed by the rules and processes that have been set in detail, which guarantees consistency and predictability.
- **Division of Labor and Specialization:** For the purpose of fostering specialization within the company, specialized jobs are allocated to employees on the basis of their particular competencies and abilities.
- **Impersonality and Impartiality:** workers are treated in a fair and unbiased manner, and the emphasis is placed on the performance and goals of the firm rather than on particular connections amongst workers.
- **Task-Oriented Focus:** A tight commitment to processes and standards is emphasized in this approach, which places an emphasis on efficiency and the accomplishment of goals.

## 7. Servant leadership

Instead of focusing on their own power and authority, leaders practicing servant leadership emphasize the importance of meeting the needs of their followers and helping them grow into their full potential. Listening attentively, empathizing with others, repairing broken relationships, being self-aware, convincing others, thinking ahead, being good stewards, caring for others, and building community are all important characteristics and "styles" of servant leaders. Robert K. Greenleaf and Larry Spears popularized these traits and styles. This approach prioritizes people over processes, leading to a healthier, more independent, and more invested staff. This, in turn, benefits the company in the long run.

### Key Characteristics & Approaches of Servant Leadership

- **Listening:** Actively and intently hearing what others have to say, not just the words but the underlying meanings.
- **Empathy:** Striving to understand and accept others, transcending titles and roles to connect on a deeper human level.

- **Healing:** Focusing on helping others to overcome emotional difficulties and fostering a sense of wholeness.
- **Awareness:** Possessing both self-awareness and a general awareness of the environment, helping to understand issues of power, ethics, and values.

### **Conflict Management**

Conflict may seem like a problem when it happens, but it really presents an opportunity for growth and a great way for groups or individuals to open up to one another. Nevertheless, conflict management must be used when disagreement impacts production and sparks other disagreements. When discussing conflict management, the goal of minimizing or eliminating conflict in whatever form is considered. Thomas and Kilmann identified five different methods for conflict management in their 2007 CPP Research Department Technical Brief for the Thomas-Kilmann Conflict Mode. You may choose to accommodate, compete, compromise, cooperate, or avoid. "The goal of conflict management is to improve learning within an organization by minimizing the negative outcomes of conflict and promoting the positive outcomes of conflict," Rahim (2002) points out. Organizations and individuals may profit from conflict at different levels and types that are acceptable to them; this is the purpose of conflict management. Conflict management may not always include resolving disputes. Good conflict management allows people to learn by asking more questions and encourages them to challenge the status quo, according to Luthans, Rubach, and Marsnik (1995). Conflict management is based on the premise that conflicts cannot always be handled by traditional means. The risk of unproductive escalation is a major drawback of conflict management; however effective conflict management may mitigate this risk. The ability to recognize and understand one's own conflict styles, as well as those of others, to effectively communicate and resolve disputes, and to build a framework for handling conflicts in any setting are all crucial components of effective conflict management.

### **1 Effects of Conflicts at workplace**

Disputes that arise in the workplace have the potential to result in the following undesirable outcomes:

- **Workplace bullying:** The majority of the time, bullying in the workplace is described as abuse that was carried out by an individual who had a position of control over the target.
- Organizational politics
- Job stress
- Workplace deviance
- Intention to quit

### **2 Use of Conflict Resolution Strategies by Managers**

In general, managers that adopt tactics that are effective in conflict resolution are more successful. This is due to the fact that these strategies cultivate favorable work environments, increase employee happiness and productivity, and ultimately boost the performance of the firm. When it comes to finding solutions that are mutually satisfying, developing better interpersonal ties, and fostering creativity, successful managers use strategies such as cooperation, compromise, and open communication. On the other hand, inadequate conflict management may result in decreased productivity, higher stress levels among employees, and harm to relationships in the workplace.

### **Key Aspects of the Connection:**

- **Improved Productivity and Performance:** The resolution of disputes gives managers the ability to minimize interruptions to work, decrease the amount of time and resources that are squandered, and produce a workforce that is more motivated, all of which contribute to an increase in the overall performance of the business.
- **Better Employee Satisfaction and Relations:** An effective conflict resolution strategy results in a more harmonious working environment, the development of good connections between managers and workers, and an increase in the level of satisfaction and engagement experienced by employees.
- **Enhanced Communication and Collaboration:** In order to convert possible conflicts into chances for cooperation and problem-solving, managers who use tactics like as open discussion and active listening may foster understanding and a desire to work together so transforming potential conflicts into opportunities.
- **Increased Innovation and Adaptability:** An organization's capacity for creativity and adaptation is directly proportional to the degree to which it takes a healthy approach to conflict, which may inspire good change and foster new ideas alike.
- **Reduced Negative Impacts of Conflict:** The adverse impacts of conflict, which include lost production, increased stress, and impaired morale, are reduced to a minimum when it is handled successfully.

#### **Effective Conflict Resolution Strategies for Managers:**

- **Collaborative Approaches:** Collaborating with parties that are in disagreement in order to discover solutions that meet the requirements of all parties involved.
- **Compromise:** When parties are unable to completely realize their aims, finding solutions that are mutually acceptable is essential.
- **Open Communication:** In order to have a better understanding of the many points of view, encouraging free communication of information and ideas
- **Empathy and Active Listening:** Having an understanding of and affirming the emotions and perspectives of all persons engaged in the situation.
- **Impartiality:** Keeping a neutral posture in order to provide justice and equal chance for everyone to voice their views about the matter

By being proficient in these tactics, managers have the ability to turn potential disputes into constructive forces that contribute to development and performance within their teams and companies.

#### **CONCLUSION**

As a result, the word "leadership style" refers to the approach that a leader takes while deciding how to manage and interact with the others that are following them. It is a reflection of the actions, dispositions, and behaviors that are shown by the leader in the process of influencing and directing others. In other words, the manner in which an individual leads other is an indication of the leadership style they use. It is a reflection of the views, interests, and attitudes of the leader on how an individual may effectively influence and lead other individuals. Leadership may take on many different forms, and each of these styles has the ability to have an impact on the dynamics, productivity, and culture of an organization or group in a number of different ways. Conflict may seem like a problem when it happens, but it really presents an opportunity for growth and a great way for groups or individuals to open up to one another. Nevertheless, conflict management must be used when disagreement impacts production and sparks other

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